

Tribulus

PRODUCT INFORMATION

Tribulus is a plant-based dietary supplement that can help keep hormone levels of certain male hormones in normal balance, naturally supporting stamina and energy.

Basics:

Tribulus is a natural, non-hormonal substance derived from the plant *Tribulus terrestris*. The plant, which grows in Hawaii, Eastern Europe, India and Africa, has been used in these areas for centuries.

The active ingredients in tribulus are special secondary plant substances called saponins. Saponins (from the Latin *sapo*, meaning soap) are water-soluble natural glycosidic substances that are often found in other plants such as beans, asparagus or soy. The main active component of tribulus is the saponin protodioscin, a steroid-like compound. Thanks to its effect on the concentrations of luteinising hormone (LH) and follicle-stimulating hormone (FSH), protodioscin can, among other things, maintain free testosterone levels in men and support progesterone levels in women.

Sport:

Tribulus has been shown to be an extremely effective micronutrient in supporting energy and endurance during athletic activities in both men and women. It acts both directly and indirectly on muscle fibres, and can also support the maintenance of normal androgen levels here.

In addition, tribulus can help support sodium balance. If the absorption of saponins through the diet is not sufficient or there is an increased need, these nutrients can be supplemented through special food supplements.

Ingredients:

One capsule (clear) contains:

250 mg *Tribulus terrestris* extract

Other ingredients: Rice Flour, Magnesium Stearate.

The product is vegan, vegetarian, gluten-free, lactose-free, not genetically modified.
Capsule shell vegan.

Recommended consumption:

In normal cases take 1-3 capsules daily at mealtimes with plenty of fluid.

Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication. Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as “not yet sufficiently proven” by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described herein has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease.”
Errors and typographical errors excepted. VBX-1-24

Tribulus-Product groups

-  Cardiovascular System
-  Hormones and Hormone-like Substances
-  Men's Health
-  Pain and Inflammation
-  Power and Energy
-  Sexuality & Libido
-  Sports and Muscles

Manufacturer



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