

Cleanzin® is a blend of herbs, fruits and spices that can help the body naturally eliminate waste. This can help to positively support the intestinal flora, maintain normal vitality and balance as well as the immune system.

Basics:

Our important digestive organ, the gut, is connected to all other organs. The bacteria it contains can help - or harm - our immune system, our metabolism and even our mental well-being.

The intestinal flora removes waste, helps absorb nutrients and supports the body in many ways. A well-functioning gut can increase energy levels, improve performance and strengthen the body's defences. A negative lifestyle and various medications can interfere with the normal colonisation of the gut, disrupting well-being. The restoration of the intestinal bacteria can have a profound effect on the entire organism. For this reason, intestinal rehabilitation can be useful to promote the regeneration of the intestinal mucosa, counteract inflammation, eliminate metabolic waste products and rebalance digestion.

There are certain herbs and other micronutrients that can help cleanse the gut, support digestion and restore the natural colonisation of the gut.

The following plant substances may prove helpful:

Plantago major: Is also known as common plantain. This robust perennial plant can support digestion and normal metabolism as well as positive weight management.

Plantago ovata (Indian psyllium): The maximum amounts of beneficial nutrients are found in the seed coat of this plant. Plantago ovata also has the special ability to help maintain normal cholesterol and blood sugar levels, keep blood pressure within the normal range and support a balanced metabolism.

Kaolin (china clay): Can aid digestion and help regenerate the intestines as it binds to and eliminates certain toxins.

Cascara sagrada: (bark of Rhamnus purshianus): The extract of Cascara sagrada contains substances that can have a laxative effect. Its hydro-anthracene derivatives and bitter substances can also help to stimulate digestion.

Capsicum (cayenne pepper powder): Chilli is a natural fat burner. Capsaicin gives all peppers their typical spiciness and can have a diuretic effect, positively support the immune system and promote digestion. It can also have a disinfectant effect.

Garlic: The sulphur compounds in garlic can counteract parasites in the gut without attacking the beneficial gut bacteria. Garlic can also stimulate digestion. The ingredient allicin, which is strongly antioxidant and can have a cell-protective effect, is primarily responsible for other positive effects.

Rosehip: The benefits of the rosehip plant have been known for many years. It contains 50 times more vitamin C than lemon. Rose hips also contain pectins, which can have a mild laxative effect. They can also support the fat metabolism.

Aloe vera: The well-known medicinal plant can promote the immune system as well as liver, intestinal and kidney function. After oral intake, it can protect the mucous membrane of the intestinal tract.

Rhubarb: Contains several vitamins and minerals and has a high pectin content. Rhubarb can stimulate digestion and appetite. Its potassium content can help support normal blood pressure and have a dehydrating effect.

Juglans nigra (black walnut): Black walnuts contain numerous active substances that can support intestinal cleansing. Among the most important are juglone, tannins and iodine, which can support the liver and lower blood pressure, among other things. In addition, they can show an antiparasitic effect.

Senna leaves: The sennosides A-F, mucilages, essential oils and flavonoids contained in these leaves can help regulate intestinal functions and support elimination.

Linum usitatissimum (linseed): Common linseed is known for its laxative effect. In addition to bowel regulation, it can support cholesterol and blood pressure levels within the normal range. The lignans in linseed can also help protect the cells.

Ulmus fulva (red elm): The mucilage contained in the bark of the red elm can soften the stool and thus support digestion.

Glycyrrhiza glabra (liquorice): This plant from the butterfly family can support both the intestines and the liver. The active ingredient in liquorice also has antiviral properties.

Marshmallow: Belongs to the mallow family. Among other positive effects, marshmallow can also be used to promote digestion. In the gastrointestinal tract it can also counteract inflammation.

Peppermint: Peppermint has a calming effect, can protect the gastrointestinal tract and stimulate blood circulation.

If the absorption of these nutrients through the diet is not sufficient or there is an increased need, these nutrients can be supplemented through special food supplements.

Ingredients:

One capsule (clear) contains:

Plantago major	40 mg
Plantago ovata	40 mg
Kaolin	25 mg
Cascara sagrada	20 mg
Capsicum (Cayenne pepper powder)	15 mg
Garlic (odorless)	15 mg
Rose hip	15 mg
Aloe vera	15 mg
Rhubarb root	10 mg
Juglans nigra (black walnut)	10 mg
Senna leaves	10 mg
Linum usitatissimum (flax seed)	10 mg
Ulmus fulva (red elm)	10 mg
Glycyrrhiza glabra (licorice)	5 mg
Marshmallow	5 mg
Peppermint	5 mg

Other ingredients:

Rice Flour, Magnesium Stearate.

The product is vegan, vegetarian, gluten-free, lactose-free, not genetically modified.

Capsule shell vegan.

The Product contains walnuts.

Recommended consumption:

In normal cases, at the beginning of a detoxification program take 1-2 capsules daily with plenty of fluid before going to bed.

If needed the consumption may be increased.

Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication.

Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described herein has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease."

Errors and typographical errors excepted. VBX-1-24

Cleanzin®-Product groups

 Detoxification and Purification

 Immune System, Cell Protection and Antioxidants

 Metabolism and Weight

Manufacturer



by LHP Inc.

www.vitabasix.com | info@vitabasix.com