

# 7 Keto DHEA

## PRODUCT INFORMATION

7 Keto DHEA is a natural metabolite of DHEA which, unlike this ingredient, is not converted into sex hormones.

### Basics:

7 Keto DHEA, or 7 Keto DeHydroEpiAndrosterone, is a natural metabolite of DHEA whose production decreases rapidly after the age of 40. It is synthesised in certain hormone glands, but also in the skin and the brain.

Even though it cannot be metabolised into other sex hormones, 7 Keto DHEA still has various functions, among them:

**Weight control:** 7 Keto DHEA may support the normal function of the thyroid hormone T3; a substance that stimulates thermogenesis (the generation of heat in the body). Thus, it appears to counteract the challenges in maintaining a healthy weight that are associated with advanced age.

**Skin ageing:** 7 Keto DHEA can promote normal hair growth, the support the physiological function of the sebaceous glands and skin elasticity.

If the body's own production of 7 Keto DHEA is impaired or there is an increased need, this metabolite can be supplemented through special food supplements.

### Ingredients:

#### One capsule (clear) contains:

5mg or 25mg 7 Keto DHEA (7 Keto DeHydroEpiAndrosterone)

**Other ingredients:** rice flour, magnesium stearate.

The product is vegan, vegetarian, gluten-free, lactose-free, not genetically modified.

Capsule shell vegan.

### Recommended consumption:

Only enough 7 Keto DHEA should be taken to compensate for any deficiency.

General guidelines for healthy adults are:

Women: 5 – 25 mg

Men: 25 – 100 mg

Normally, it should be taken in the early morning on an empty stomach, about 30 minutes before breakfast with plenty of liquid.

### Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication.

Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed. The product described herein has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease."

Errors and typographical errors excepted. VBX-1-24

Not suitable for pregnant or breastfeeding women.

In some countries, the use of DHEA is highly regulated for professional athletes.

### 7 Keto DHEA-Product groups



Bones and Joints



Cardiovascular System



Hormones and Hormone-like Substances



Immune System, Cell Protection and Antioxidants



Men's Health



Metabolism and Weight



Skin and Hair



Women's Health

Manufacturer



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